



# Optimist Tri-Star Basketball

## Entry Form And Instructions

Age (circle one) 6 7 8 9 10 11 12 13

Name \_\_\_\_\_ Telephone (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_

School Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

How old will you be on March 15? \_\_\_\_\_

I grant the Optimist Club/International my permission to use a picture or video of my son/daughter, for their public relations purposes. Optimist Club/International may use the photo or video in any publication they see fit.

Parent's permission \_\_\_\_\_ *Parents are welcome at contest.*  
(Signature)

- Participants may compete in only one local contest.
- Participants will compete against others of the same age, as of March 15.
- Gym shoes will be required.
- Decisions of the judges will be final.

Contest information: Place \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Time \_\_\_\_\_

## Dribbling Skill

Each participant will attempt to dribble through four cones and return through course as quickly as possible. Three points will be deducted from a base score of 75 points for each second of elapsed time. For example, if a participant takes 20 seconds to complete the course, the participant's score is 15. ( $75 - (3 \times 20) = 15$ ).

Number of seconds elapsed = X

$75 - (3X) = \text{Score}$

**SCORE** \_\_\_\_\_

## Passing Skill

Each participant will be allowed **Distance from Target:** six attempts, three bounces and three chest or overhead passes at a designated target from an assigned distance. Participant will be allowed one step toward passing line and must not touch or go over it.

Age	Feet
6-7	9'
8-9	12'
10-11	15'
12-13	18'

	x=hit, o=miss			Total hit
3 Direct Passes				
3 Bounce Passes				
Total number of hits				

**8 points each time target is hit = SCORE** \_\_\_\_\_

## Shooting Skill

Each participant will be allowed **Distance from Basket:** six attempts, four free throw attempts at varying distance according to age; and two attempts from anywhere on the court outside of the key area. Attempt will be invalidated if a participant steps on or over the assigned free throw line.

Age	Feet
6-7	9'
8-9	11'
10-11	13'
12-13	15'

	x=hit, o=miss			Total made
4 Free Throws				
2 other shots				
Total number of shots made				

**10 points each basket made = SCORE** \_\_\_\_\_

