**Optimist Tri-Star Basketball**

**Entry Form And Instructions** Age *(circle one) 6 7* 8 9 10 11 12 13

Name

Telephone ( )

Address

School Name

Date of Birth / /

How old will you be on March 15?

I grant the Optimist Club/International my permission to use a picture or video of my son/daughter, for their public relations purposes. Optimist Club/International may use the photo or video in any publication they see fit.

Parent’s permission

(Signature)

• Participants may compete in only one local contest.

*Parents are welcome at contest.*

• Participants will compete against others of the same age, as of March 15.

• Gym shoes will be required.

• Decisions of the judges will be final.

Contest information: Place Date / / Time

**Dribbling Skill**

Each participant will attempt to dribble through four cones and return through course as quickly as possible. Three points will be deducted from a base score of 75 points for each second of elapsed time. For example, if a participant takes

20 seconds to complete the course, the participant’s score is 15. (75-(3 X 20) = 15).

Number of seconds elapsed = X

75 - (3X ) = Score **SCORE**

**Passing Skill**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | x=hit, o=miss | | | Total hit |
| 3 Direct Passes |  |  |  |  |
| 3 Bounce Passes |  |  |  |  |
|  | | | |  |

Each participant will be allowed **Distance from Target:**

six attempts, three bounces and three

|  |  |
| --- | --- |
| **Age** | **Feet** |
| 6-7 | 9’ |
| 8-9 | 12’ |
| 10-11 | 15’ |
| 12-13 | 18’ |

chest or overhead passes at a designated target from an assigned

distance. Participant will be allowed one step toward passing line and must not touch or go over it.

**Shooting Skill**

Each participant will be allowed **Distance from Basket:**

|  |  |
| --- | --- |
| **Age** | **Feet** |
| 6-7 | 9’ |
| 8-9 | 11’ |
| 10-11 | 13’ |
| 12-13 | 15’ |

six attempts, four free throw

attempts at varying distance according to age; and two attempts from anywhere on the court outside of the key area. Attempt will be invalidated if a participant steps on or over the assigned free throw line.

Total number of hits

**8 points each time target is hit = SCORE**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | x=hit, o=miss | | | | Total made |
| 4 Free Throws |  |  |  |  |  |
| 2 other shots | |  |  |  |  |
|  | | | | |  |

Total number of shots made

**10 points each basket made = SCORE**